## USE WEIGHT ROOM + ICE BATHS WITHOUT ACCOMMODATION BOOKING



## **INCLUDED:**

Use of our Weight Room and Ice Baths from Monday to Saturday

Times are available on www.booking-tenerife.com

Also included is the use of our POLANIK Competition Starting Blocks, the use of our FREELAP Timing Equipment, the use of our Weight Sleds Equipment and the use of our Med Balls on the track.

Price per athlete 50,-€ per week. Coaches have free access.

Booking and more information on <a href="mailto:tenerifesport@gmail.com">tenerifesport@gmail.com</a>

